



# *Understanding* *Fish Feed*

## **CHOOSING THE RIGHT NUTRITION FOR HEALTHY GROWTH**

# PELLET FEED: SIZE & INGREDIENTS MATTER!

- Pellet Size Must Match Fish Size – Fish larvae need micro pellets or powdered feed, while adults can eat larger pellets.
- Color-Enhancing Pellets Don't Work Alone – Look for Spirulina, Astaxanthin, Beta-carotene in the ingredients. These natural additives boost pigmentation.
- Floating vs. Sinking Pellets – Choose based on fish feeding habits (surface feeders vs. bottom dwellers).
- High-Protein vs. Veggie-Based Pellets – Carnivorous fish need 40-50% protein; herbivores need plant-based pellets.

*Tip: Avoid overfeeding! Excess food decays, causing ammonia spikes.*



# LIVE FEED: A NATURAL DIET, BUT HANDLE WITH CARE!

- Artemia Cysts (Baby Brine Shrimp) – High-protein nourishment, great for fry and small fish.
- Live Fish for Monster Fish – Common for Arowanas, Oscars, and other predators, but must be quarantined first!
- Boiled Shrimp (for carnivores) – Cut into small pieces and fed occasionally.
- Freeze-Dried Shrimp – Alternative to live shrimp, rich in protein but needs to be soaked before feeding.
- Live Bloodworms – Excellent protein source, but can carry parasites if not sourced properly.
- Frozen Bloodworms – Safer option with long shelf life, ideal for mid-level and bottom feeders.
- Freeze-Dried Bloodworms – Convenient but should be soaked before feeding to prevent digestion issues.
- Frozen Gel Bloodworms – Enhanced with vitamins, providing a balanced diet.
- Live Worms (Blackworms, Tubifex, Earthworms) – Highly nutritious but need thorough cleaning to remove bacteria.

*Tip: Avoid feeder goldfish: they are high in fat & often unhealthy!*





# SPECIAL CARE FOR MONSTER FISH & PREDATORS

- ✓ **Meat-Based Diet? Balance It!** – Monster fish need variety: frozen fish, shrimp, worms, and high-protein pellets.
- ✓ **Live Feed Risks** – Unquarantined live fish can introduce diseases. Better alternatives include frozen silversides & prawns.
- ✓ **Fatty Foods Can Harm Fish** – Mammalian meats (chicken, beef) should be avoided as fish can't digest them properly.
- 💡 **Tip:** If feeding live food, deworm your monster fish regularly!

## CHOOSING THE BEST FEED FOR YOUR FISH

Fish Type	Best Feed Options
Small Community Fish (Tetras, Barbs, Danios)	Micro Pellets, Flakes, Artemia Cysts, Freeze-Dried Bloodworms
Bottom Dwellers (Corydoras, Plecos, Loaches)	Sinking Pellets, Algae Wafers, Frozen Bloodworms
Planted Tank Fish (Gouramis, Angels, Rainbows)	High-Quality Pellets, Live/Frozen Bloodworms, Freeze-Dried Shrimp
Monster Fish (Arowana, Oscars, Bichir, Stingrays)	Live/Frozen Fish, Shrimp, High-Protein Pellets, Worms
Goldfish & Koi	Pellets, Vegetable-Based Pellets, Freeze-Dried Shrimp

- Feed small portions multiple times a day rather than a single large meal.
- Remove uneaten food after 5-10 minutes to prevent water pollution.
- Rotate different types of food for a balanced diet.