

Understanding Fish Feed

**CHOOSING THE RIGHT
NUTRITION FOR HEALTHY
GROWTH**

PELLET FEED: SIZE & INGREDIENTS MATTER!

- Pellet Size Must Match Fish Size – Fish larvae need micro pellets or powdered feed, while adults can eat larger pellets.
- Color-Enhancing Pellets Don't Work Alone – Look for Spirulina, Astaxanthin, Beta-Carotene in the ingredients. These natural additives boost pigmentation.
- Floating vs. Sinking Pellets – Choose based on fish feeding habits (surface feeders vs. bottom dwellers).
- High-Protein vs. Veggie-Based Pellets – Carnivorous fish need 40-50% protein; herbivores need plant-based pellets.

Tip: Avoid overfeeding! Excess food decays, causing ammonia spikes.



LIVE FEED: A NATURAL DIET, BUT HANDLE WITH CARE!

- Artemia Cysts (Baby Brine Shrimp) – High-protein nourishment, great for fry and small fish.
- Live Fish for Monster Fish – Common for Arowanas, Oscars, and other predators, but must be quarantined first!
- Boiled Shrimp (for Carnivores) – Cut into small pieces and fed occasionally.
- Freeze-Dried Shrimp – Alternative to live shrimp, rich in protein but needs to be soaked before feeding.
- Live Bloodworms – Excellent protein source, but can carry parasites if not sourced properly.
- Frozen Bloodworms – Safer option with long shelf life, ideal for mid-level and bottom feeders.
- Freeze-Dried Bloodworms – Convenient but should be soaked before feeding to prevent digestion issues.
- Frozen Gel Bloodworms – Enhanced with vitamins, providing a balanced diet.
- Live Worms (Blackworms, Tubifex, Earthworms) – Highly nutritious but need thorough cleaning to remove bacteria.

Tip: Avoid feeder goldfish: they are high in fat & often unhealthy!



LIVE BLOODWORMS

SPECIAL CARE FOR MONSTER FISH & PREDATORS

- ✓ **Meat-Based Diet? Balance It!** – Monster fish need variety: frozen fish, shrimp, worms, and high-protein pellets.
 - ✓ **Live Feed Risks** – Unquarantined live fish can introduce diseases. Better alternatives include frozen silversides & prawns.
 - ✓ **Fatty Foods Can Harm Fish** – Mammalian meats (chicken, beef) should be avoided as fish can't digest them properly.
- 💡 **Tip:** If feeding live food, deworm your monster fish regularly!

CHOOSING THE BEST FEED FOR YOUR FISH

Fish Type	Best Feed Options
Small Community Fish (Tetras, Barbs, Danios)	Micro Pellets, Flakes, Artemia Cysts, Freeze-Dried Bloodworms
Bottom Dwellers (Corydoras, Plecos, Loaches)	Sinking Pellets, Algae Wafers, Frozen Bloodworms
Planted Tank Fish (Gouramis, Angels, Rainbows)	High-Quality Pellets, Live/Frozen Bloodworms, Freeze-Dried Shrimp
Monster Fish (Arowana, Oscars, Bichir, Stingrays)	Live/Frozen Fish, Shrimp, High-Protein Pellets, Worms
Goldfish & Koi	Pellets, Vegetable-Based Pellets, Freeze-Dried Shrimp

- Feed small portions multiple times a day rather than a single large meal.
- Remove uneaten food after 5-10 minutes to prevent water pollution.
- Rotate different types of food for a balanced diet.